

Allergens

Updated: September 2008

Beginning January 1, 2006, the Food and Drug Administration required food manufacturers to list the eight major food allergens. Below is the manufacturer listed allergens for products in the school lunch program.

Item	egg	milk	soy	wheat	peanut	tree nuts	fish	shell fish
Bagels			x	x				
Biscuit			x	x				
Breaded Chicken	x			x				
Breadstick		x	x	x				
Cesar Dressing		x					x	
Chicken Nuggets	x	x	x	x				
Chicken Patty	x	x	x	x				
Chicken Tenders	x	x	x	x				
Cobb Salad	x							
Croissant, Regular	x	x	x	x				
Croissant, Whole Whe	x	x	x	x				
Donut, Honey Wheat	x	x	x	x				
Donut, Sour Cream	x	x	x	x				
English Muffins		x	x	x				
Fish Filet	x	x	x	x			x	
Fish Nuggets	x	x	x	x			x	
Gravy, Beef		x	x	x				
Gravy, Chicken		x	x	x				
Italian Bread			x	x				
Italian Dressing			x					
Meatballs	x	x	x	x				
Meatloaf	x	x		x				
Muffins, Banana	x	x	x	x				
Muffins, Blueberry	x		x	x				
Pancakes, mini	x	x	x	x				
Pasta				x				
Pizza, Cheese		x	x	x				
Pizza, French Bread		x	x	x				
Pizza, Pepperoni		x	x	x				
Pizza, Stuffed Crust		x	x	x				
Popcorn Chicken	x	x	x	x				
Potato Rolls			x	x				
Ranch Dressing	x	x		x				
Rib B Que			x	x				
Sandwich Roll				x				
Steak Roll			x	x				
Stuffing, Cornbread		x	x	x				
Taco, hard shell			x					
Taco, soft shell		x	x	x				
Tuna							x	
Veggie Burger	x	x	x	x				
Wafer Steak			x					
Waffle Sticks	x	x	x	x				
Waffles	x	x	x	x				
Wheat Bread			x	x				